



L&Q FOUNDATION & FEED ME GOOD SOCIAL
PRESENTS

FAMILY COOK & EAT ON A BUDGET.

Would you like to learn how to save money on your food shopping? While making delicious meals?

This FREE 6-week cook and eat workshop is designed for the whole family to effectively enjoy cooking.

(Dinner is made in class so you can relax at home)

A celebration of food and culture,

(halal friendly & vegan options are available),

info:

Start date: Monday 3rd September at 4 pm - 6 pm

Location: 23 Hanbury Road, Acton, London, W3 8RF

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